

Junior High Registration Handbook 2025-2026

FATHER LEDUC CATHOLIC SCHOOL 400 SHEPPARD BLVD LEDUC, AB T9E 1C1 780.986.0045



Message to Parents and Students

Welcome to Father Leduc Catholic School! Our priority is to give your child the finest academic, physical, social, emotional, and spiritual developmental experiences possible. At Father Leduc, our academic, athletic, and arts programs are infused with Catholic values which enables our students enormous opportunities for growth in a joyful and faith-filled environment.

Choosing a junior high school is an important decision for students and parents. We are pleased to help you make an informed decision about how Father Leduc Catholic School can best meet your child's long-term goals. This registration handbook provides you with valuable information on our junior high school program as well as descriptions of the potential complementary courses available.

We look forward to working with you and your child as you embark on this new educational journey together. Please know that our staff welcomes questions and comments now and throughout their time with us in junior high.

God bless,



Dustin Fountain Principal



Angela Lobkowicz Vice Principal



Donna Hayden Vice Principal

"May we always care for our children, not counting the cost, so that they may never believe themselves to be mistakes, but always know their infinite worth." ~ Pope Francis



Meet Our JH Staff

Current 2024-25 STAFF





Student Services

We have a team of people at Father Leduc available to help students and families. We strive to offer educational programming and individual student programming to meet the educational and wellness needs of students within a Welcoming, Caring, Safe, and Inclusive learning environment.



Mrs.Rae-Marie Girard oversees our support of students with learning, behavioural, and medical needs and is involved in support for students, families, and teachers with Individualized Program Plans and Interventions. Chantelle Pawlyk supports our students who are English as an Additional Language Learners (EAL). Mrs Girard and Mrs. Pawlyk have an office on the main floor of the school.

Ms. Wendy Shobe and Chantelle Leslie are our Family School Liaison Workers (FSLW). They work with our students across the school offering classroom, small group, and individual programming to support Social Emotional Learning. In addition to counseling students and providing programming, our FSLW team can also assist families with accessing community resources and parenting support.



Father Leduc Catholic School offers the following to support inclusion and student wellness (please note that this is a sample of programs we have offered for students);

- Individualized Program Plans (IPP)
- Diagnostic Assessments to identify individual needs
- Sacramental Preparation, Collaboratio, n and Connection with the Parish
- Mind Up Curriculum
- Physical Literacy
- WIN Blocks (What I Need)
- JH Cafe Brew Haha!
- EAL Supports (English as an Additional Language)
- PAWSS Program (Pets Assisting with Student Success)

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*This list adjusts to the changing needs of our students and families. If you are requiring support in any way, please do not hesitate to contact the school office. We will work collaboratively to provide the necessary support to those who require it.

Faith Development

We are blessed to be a Catholic School! We are passionate about supporting students and families to deepen their faith, and we are blessed to have Jesus as the model! To support students on their pathway of faith development we offer numerous activities such as; daily prayer, monthly Mass, charity and social justice projects, connection with our Parish Priest from St. Michael's, faith retreats, faith celebrations during Advent and Lent, and the opportunity to experience a lived faith from walking alongside our teachers and school staff.



French Immersion

Father Leduc Catholic School offers French Immersion in Grade 7 and Grade 8 and it continues to grow and develop. French Immersion will continue at Christ the King High School for the upcoming 2025-2026 school year.

In French Immersion, the core subjects are taught in French. In immersion programs, French is not only a subject but the language of instruction and means of communication.

French Immersion is primarily for students who have a desire to learn French and whose family is not French-speaking. Instructional strategies and materials are designed with this in mind.

Open Campus

With signed parental consent, our Junior High students have the privilege to leave school grounds during the lunch break. Parents who wish to allow their children off campus will be given the opportunity to fill in a request form for this purpose. When off campus, students continue to be held to our school's high standards and must follow the school's rules of Be Safe, Be Respectful, and Be Responsible. Please note that students' conduct is monitored within the



community, and this privilege will be removed by school administration at any time in response to concerns.

Student Leadership

At Father Leduc, a vital aspect of the school experience is the opportunity for students to learn about leadership firsthand. From grades 5 to 8, every student can engage in meaningful service and development. The Students' Leadership Team plays a key role in enriching student life by organizing special events, theme days, and clubs. What sets this program apart is that students are encouraged to generate ideas, plan the events, and run them, allowing students to take ownership of their leadership journey. Additionally, they engage in initiatives that promote social justice and participate in community service projects, fostering a strong sense of responsibility and connection to their community. Through these experiences, students are not only learning to become effective leaders but also gaining valuable skills that will serve them for years to come.

eSports



We believe that eSports offers unique educational benefits for junior high students. Firstly, they foster teamwork and communication as Father Leduc students coordinate strategies and work together to achieve a common goal. Secondly, they can improve cognitive skills such as problem-solving, strategic thinking, and adaptability, as games often require players to quickly react and adapt to changing scenarios. Furthermore, eSports can potentially spark interest in STEM fields, as students may be motivated to understand the technology and

mechanics behind the games. We see the benefit of students being part of an eSports team, it enhances a students' sense of belonging and community, similar to traditional sports teams, and so we offer eSports as part of our Lightning Athletics program.



Student Clubs

Student clubs offer manifold benefits to junior high students. They provide a platform for students to explore interests outside of the traditional curriculum, fostering a well-rounded educational experience. Through clubs, students cultivate critical skills such as leadership, teamwork, and problem-solving. They also promote a sense of belonging, enhancing students' social and emotional well-being. Furthermore, student clubs can contribute to increased school engagement, as students connect more deeply with their peers and the school community. Finally, these extracurricular experiences can help students discover new passions, which could influence their future career choices.

Father Leduc offers a wide variety of experiences through participation in student-organized clubs and events. Some of the clubs offered may include, but are not limited to:

- Open Gym: Practicing a variety of sports like volleyball and basketball.
- Social Justice Club
- Chess Club: Practicing strategic thinking and competing against peers.
- Musical Theatre: Offering opportunities to act, direct, and learn about theater production.
- Music Ministry/ Choir
- Art/Drawing Club: Providing a creative outlet for students to learn and practice various art techniques.
- Ski Club
- Open eSports: Free play across our gaming platforms

Varsity Athletics

Junior high varsity sports offer a multitude of benefits. They foster a sense of belonging, promoting teamwork and collaboration. Students learn essential values like discipline, responsibility, and perseverance. Physically, sports improve fitness levels, coordination, and overall health. They also contribute to mental well-being by boosting self-esteem and reducing stress.

Father Leduc Catholic School has developed a strong foundation

with interscholastic competition. Since 2016 we have won more than 14 team banners and a multitude of individual medals. The Father Leduc Lightning competes in the Leduc and District Athletic Association in the following sports: Golf, Volleyball, Basketball, Badminton, Cross Country Running, Soccer, and Track and Field.







Father Leduc



Father Leduc Academics- WIN (What I Need)

The Father Leduc school community provides opportunities for academic support, student leadership, and community involvement built into the school schedule. A minimum of 3 times per 6-day cycle, students will attend WIN blocks (What I Need) as part of their instruction. At this time, teachers will work with students to support essential core outcomes, to support student growth and development, and to enhance student skills across a variety of different class options.

Grade 7 and 8 Complementary Courses (Career and Technology Foundations)

Career and Technology Foundations (CTF) courses, part of the Alberta curriculum, are designed to expose middle school students to a variety of career pathways and technologies. These interdisciplinary courses promote hands-on learning, problem-solving skills, and real-world application. Students explore career clusters including business, health, resources, and technology, among others. By engaging with these diverse areas, students not only learn practical skills but also develop a broader understanding of potential future careers. CTF courses are underpinned by a focus on exploring interests and passions, developing essential skills, and connecting learning to the larger community.

Please find a brief description of the Grade 7 Complementary Courses and associated fees that <u>MAY</u> be offered in the 2025-2026 school year. Enrolment in a given course is based on



availability, staffing, class size, and timetabling. Courses require a minimum number of student interest to proceed. The fee will need to be paid to participate in the fee-based electives.

*Please note: options run based on enrollment and they are subject to change each school year. Options in grades 7 and 8 are run on a quarter basis**

Grade 7 & 8 Opt	tions			
Languages				
French as a Second Language	 Bienvenue to the world of French! Join this exciting and interactive FSL elective, where language, culture, and creativity come to life! Through games, teamwork, and real-world activities, students will build confidence in French while having a blast. <i>Parlez, explorez et amusez-vous!</i> <i>FSL 7</i> Navigate school life—talk about supplies, schedules & activities! Connect with friends, classmates & family. Be a weather reporter—forecast conditions & explore Canadian folklore! Celebrate the seasons—discover holiday origins & traditions! <i>FSL 8</i> Talk about animals—pets, wild creatures & even adoption! Express your style—fashion, design & clothing care! Discover delicious dishes—from nutrition to global Francophone flavors! Celebrate culture—explore the origins of fun holidays! 	no fee		
Business				
Business	<i>Grade 7-</i> business elective introduces students to the fundamentals of entrepreneurship, marketing, and financial literacy. Through hands-on activities and real-world examples, students will explore how businesses are created, how they grow, and how they impact the world. They will develop their business ideas, learn about budgeting and branding, and practice pitching their concepts. By the end of the course, students will have a basic understanding of what it takes to start and run a successful business.	no fee		
Communicatio	n			
Art	<i>ART 7</i> - we foster students' creativity and artistic growth while deepening their understanding of visual culture. Students will dive into the exciting world of design, exploring the principles and elements that shape every masterpiece. Through hands-on projects, they'll experiment with composition, balance, line, value, texture, form, and colour, pushing their artistic boundaries. Students will			



	unleash their full potential, creating stunning artwork across a variety of mediums, from pencils and scratchboards to watercolor, acrylics, ink, and even clay. It's an inspiring journey of discovery and expression! ART 8 - we nurture students' creativity and artistic growth while continuing to deepen their understanding of visual culture. In grade 8, students will further explore the principles and elements that shape every masterpiece. Through hands-on projects, they'll experiment with composition, balance, line, value, texture, form, and colour, pushing their artistic boundaries with more personal artistic choices. Students will unleash their full potential, creating stunning artwork across a variety of mediums, from pencils and scratchboards to watercolor, acrylics, ink, and even clay. It's a motivating path of exploration	\$25
	and self-expression!	
Broadcasting & Journalism	<i>Grade 7- Radio/Podcasting Focus-</i> students will dive into the world of radio and podcasting. They will explore the art of audio storytelling and production, gaining hands-on experience in creating their own podcasts and radio shows. This includes learning how to write scripts, perform on-air, and use their editing skills to produce polished episodes. Students will develop communication, research, and creative writing skills as they craft engaging content for their listeners.	\$25
	<i>Grade 8- TV Broadcasting Focus-</i> students will shift their focus to TV broadcasting. They will have the opportunity to work both in front of the camera and behind the scenes of a school broadcast. This includes learning how to shoot, direct, and edit video content, as well as utilizing broadcasting equipment. Students will enhance their performance, research, and writing skills as they create and present news segments, interviews, and other broadcast projects.	
Drama 7& 8	Another word to describe this class is "play." Drama will involve engaging in cooperative games that enhance focus and listening skills while fostering collaboration in the creative process. Students will explore various forms of dramatic expression, including improvisation, monologues, and character development, broadening their understanding of the art. By using our bodies and voices, we can express thoughts and ideas, embody different characters, and explore perspectives by stepping into someone else's shoes. A positive and encouraging attitude is essential. While there won't be a major production during this class, some outside work will be necessary for memorizing lines and preparing for roles.	no fee
Film Studies	<i>Grade 7 & 8-</i> In this course, students will explore some of the tools and techniques used in filmography. Students will have the opportunity to learn	no fee



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	about cinematic elements and apply these elements to their film projects. Students will also explore careers in filmography.					
Guitar	 Grade 7 & 8- This guitar course is a perfect starting point for students with no experience! It covers all the essential basics, from understanding the parts of the guitar, how to tune, and how to play chords that will allow students to play several songs! The course is designed to build confidence and set a strong foundation for students to start playing. By the end of the course, students will have a solid understanding of the guitar and the skills needed to begin playing simple songs. It's a fun and engaging way to kickstart their musical journey that could last a lifetime. *No fee, however, the cost of guitar rental if necessary 					
Human Services	5					
Home Economics	 <i>Home Economics 7-</i> students will focus on Food Studies. This will cover the use and care of food preparation equipment, the understanding of recipe terms & techniques, accurate measuring and mixing skills, and the importance of safe and efficient work habits. Students will explore the science of cooking while baking and following a recipe and then explore the art of cooking through a variety of creative recipes and presentations. <i>Home Economics 8-</i> students first learn how to sew on a button and iron a shirt 					
	and then the rest of the course will focus on Food Studies. While students are not required to have taken Home Economics 7, this course builds on skills that were taught in grade 7. Students will continue to develop kitchen literacy and numeracy skills while creating a variety of baked goods, including yeast products, and then move into preparing simple lunch/dinner meals.	\$50				
Technology						
eSports	<i>eSports</i> 7- In this CTF elective, students will familiarize themselves with the different aspects of the eSports Industry. eSports is competitive, organized video gaming. The course allows students to practice good gamer health and engage in digital citizenship, social-emotional learning, teamwork, journaling, and reflection. This course would focus on the PC video game Rocket League and the SWITCH Console Games of Super Smash Bros Ultimate and MarioKart Deluxe 8. This course is not just about playing video games; there is an analysis component to it where students will need to self-manage as they progress through their assignments.	\$26.50				
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	<i>eSports 8-</i> In this CTF elective, students will familiarize themselves with the different aspects of the eSports Industry. eSports is competitive, organized video gaming. The course allows students to practice good gamer health and engage in digital citizenship, social-emotional learning, teamwork, journaling, and reflection. This course would focus on the PC video game Rocket League and the SWITCH Console Games of Super Smash Bros Ultimate and MarioKart Deluxe 8. This course is not just about playing video games; there is an analysis component to it where students will need to self-manage as they progress through their assignments.	
Junior Robotics and Coding	 Grade 7- This course is designed to allow students to experience career-based and project-based work in planning, designing, and programming. The course is made up of practice activities, assignments, and challenge assignments that become more complex as students start to master the skills of graphical programming and design. Step into the thrilling world of coding with this dynamic course! Through engaging and interactive lessons, students will discover the fundamentals of 	\$10
	programming while bringing a robot to life. They'll master essential coding concepts, hone their problem-solving skills, and develop logical thinking as they design and execute commands to make their robot perform an array of tasks. With hands-on projects and creative challenges, including designing their very own video game, this course ignites curiosity and empowers students to express their ideas through technology. Select this course and transform into a confident coder and innovator!	
	<i>Grade 8</i> - This course is designed to allow students to experience career-based and project-based work in planning, designing, and programming using LEGO Vex-IQ materials. The course is made up of practice activities, assignments, and challenge assignments that become more complex as students start to master the skills of graphical programming and design.	\$10
Rocketry 8	Do you love building models, experimenting with flight, and watching rockets soar? In this hands-on elective, students will explore the exciting world of rocketry by designing, constructing, and launching their model rockets. This course blends creativity, engineering, and science, introducing students to the principles of aerodynamics, propulsion, and aviation laws. Successful students will have a keen eye for detail, patience, and the ability to work under time constraints. They must also follow safety protocols and	\$20



	aviation regulations while developing problem-solving skills and teamwork. If you're ready to build, test, and launch, this is the course for you!				
Keyboarding	This course is designed to equip Grade 7 and 8 students with essential keyboarding and typing skills critical for academic success and future career readiness. Students will learn to type efficiently and accurately using proper finger placement and posture. Emphasis will be placed on developing speed and accuracy, minimizing errors, and fostering good typing habits.				
Digital Design	Digital Design 7- Are you ready to dive into the exciting world of digital design? Join our Introductory Junior High Class on Digital Design and unleash your imagination! Explore the principles of color, typography, and layout. Learn how to capture stunning images and create engaging videos, mastering editing techniques to enhance your projects. Get hands-on experience with popular design tools like Adobe Premier Suite and Canva—work on real-world projects, from designing logos to creating digital art and multimedia presentations. Don't miss out on this opportunity to express yourself through digital design!				
	Digital Design 8- In this exciting graphic design course, students will dive into the world of visual communication! Over fourteen classes, they will learn the basics of graphic design, including its importance in various industries. Students will explore design principles and elements, such as balance, contrast, color theory, and typography. They'll get hands-on experience using graphic design software to create posters, brand identities, and vision boards. Additionally, they'll analyze user experience in design and learn how to make effective infographics. Students will engage in critiques to improve their work and will culminate their learning by presenting a final project. This course will help students develop creativity, technical skills, and a deeper understanding of graphic design while practicing their new visual arts skills.				
Resources					
Outdoor EducationOutdoor Education 7- Outdoor education can be simply described as experiential learning in the outdoors. The term "outdoor education", however, is widely used to refer to a range of organized activities, which take place in a variety of ways, in predominantly outdoor environments. Topics include orienteering (working with a compass), planning for a hike (different seasons/weather), survival skills, and wall climbing.					



	<i>Outdoor Education 8-</i> Outdoor education can be simply described as experiential learning in the outdoors. The term "outdoor education", however, is widely used to refer to a range of organized activities, which take place in a variety of ways, in predominantly outdoor environments. Topics include geocaching, projects such as meal and trip planning for overnight situations (different seasons/weather), survival skills (ropes/knot tying, lean-to-building), and teamwork in dragon boating, fire-building, etc.				
Sport & Fitness Appreciation	 Sport & Fitness Appreciation 7- This course has a large component that is off campus and situated at the Leduc Recreation Centre. We will provide students the opportunity to delve into the area of team sport and explore the realm of personal wellness and conditioning. Students will have greater opportunities to build skills in basketball, volleyball, badminton, soccer, etc. while learning how to set goals and appreciate the benefits of fitness. Sport & Fitness Appreciation 8- This course has a large component that is off campus and situated at the Leduc Recreation Centre. We will provide students the opportunity to delve into the area of team sport and explore the realm of personal wellness and conditioning. Students will have greater opportunities to build skills in basketball, volleyball, badminton, curling (seasonal), etc. while learning how to set goals and appreciate the benefits of fitness. 				
	Extracurricular Courses				
Needlework 7	This beginner needlework course is designed for Grade 7 students who are eager to learn the basics of stitching and embroidery. Students will explore fundamental techniques such as threading a needle, basic stitches, and simple decorative designs. Each lesson builds on the previous one, allowing students to develop their skills and confidence gradually. By the end of the course, they will complete a small personal project, such as a decorative bookmark or a simple embroidered patch. This hands-on experience encourages creativity, patience, and fine motor skills while introducing students to the art of needlework in a fun and supportive environment.				
Skating 7 & 8	Ating 7 & 8 Join us for an exciting skating course designed for all abilities and skill levels! Whether you're a complete beginner or looking to enhance your on-ice performance, our experienced instructor will guide you every step of the way. In this course, you'll learn essential skating skills and focus on developing power, speed, and confidence on the ice. Get ready to glide, spin, and discover				



	the joy of skating while mastering the elements that will elevate your performance! <u>You do not need to be a hockey player or figure skater to be interested in this program</u> . This course is instructed by Pivot Power Skating, which is off-campus at the Leduc Recreation Centre. The fee covers the cost of transportation to and from the LRC and our sessional instructor. This program requires a minimum of 15 students to participate and a maximum of 25. The range of fees is affected by total registrations. If more than 15 students register, the shared cost decreases. * (must be paid for in full by DTB to participate. There will be no subsidy available)	
Driver's Education 8	The aim is to provide students with the time and guidance to learn the knowledge and skills necessary to successfully pass their AB Driver's License Class 7 written test, or review the rules of the road if they already have achieved it. Students will be provided with the Alberta Driver's Guide (2023) and access to practice questions, simulators, and projects that will help to prepare them. <i>This is not an AB Transportation-developed course and does NOT provide any qualifications to students for insurance purposes for completing a Driver's Ed course (which would include BOTH in-class and in-car learning).</i>	no fee
Strategy Games 7 & 8	Dive into the exciting world of strategic games and develop essential skills for life! In this engaging course, you'll enhance critical thinking and problem-solving as you analyze situations and collaborate with peers. Build teamwork, patience, and resilience while sharpening your decision-making and leadership skills. Enjoy a fun, interactive experience that empowers you to cultivate valuable abilities through strategic gameplay. Sign up today and unlock your potential! This project-based CTF course is based on building the skills to be able to play higher-level strategy board games while designing and presenting strategy games as well.	\$5



Sample Grade 7 & 8 Timetable

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Block 1 8:37-9:21						
Block 2 9:21-10:01						
Class Break 10:01-10:15						
Block 3 10:15-10:55						
Block 4 10:55-11:35		WIN BLOCK (What I Need)		WIN BLOCK (What I Need)		WIN BLOCK (What I Need)
Lunch Break 11:35-12:20						
Block 5 12:20-1:00						
Block 6 1:00-1:40						
Class Break 1:40 -1:50						
Block 7 1:50-2:30		ELECTIVE 8	ELECTIVE 7		ELECTIVE 8	ELECTIVE 7
Block 8 2:30-3:10		ELECTIVE 8	ELECTIVE 7		ELECTIVE 8	ELECTIVE 7

- Elective (Complementary Course)
- Each block is approximately 40 minutes long. The exact times may vary.
- Attendance/Registration takes place in every block.



Closing Message

Dear Parents and Guardians:

Thank you for considering Father Leduc Catholic School. Whether you are a prospective student, parent, or member of our community, we are thrilled to share with you the essence of our school, our values, and our vision for the future.

Father Leduc Catholic School is committed to providing an exceptional educational experience rooted in the Catholic faith. Our mission is to nurture the holistic development of each student, fostering their spiritual, intellectual, emotional, and physical growth. As you explore our campus tonight, we hope you will witness firsthand the vibrant learning environment we have cultivated.

Our dedicated faculty and staff are not just educators; they are mentors, guides, and role models who inspire our students to reach their fullest potential. Through a rigorous academic curriculum enriched with extracurricular activities and service opportunities, we strive to empower our students to become compassionate leaders who will positively impact their communities.

Central to our identity is our faith-based approach to education. We believe in instilling values of love, compassion, integrity, and service in our students, guiding them to live out these principles in their daily lives. Our commitment to Catholic teachings permeates every aspect of our school culture, creating a supportive and nurturing environment where students can grow both academically and spiritually. Whether it's our rigorous academic programs, diverse extracurricular activities, or a strong sense of community, we are confident that you will discover why Father Leduc is not just a school but a home where students can thrive and grow in mind, body, and spirit.

Thank you once again for considering Father Leduc Catholic School. We look forward to sharing our passion for education and faith with you and your family. If you have any questions or would like to learn more about our school, please don't hesitate to contact us at the school.

Yours in Christ,

Dustin Fountain

